



## **The Pitch from Fork**

### **April/May 2008**

*Dear friends,*

I was amused recently when I came across this news headline: *Oxford study to ask why mankind believes in God*. According to the article, researchers expect to spend nearly \$4 million determining if belief in a divine being is integral to humankind's makeup. It seems to me that a far more profitable and fascinating study might be focused on the question of why *God* believes in *us*.

Does God believe in us? I think so. That's always been God's pattern. Why else would God have created everything there is and left it in our hands? I'm reminded of the language of the *Journey to Adulthood Rite 13 Ritual: As men and women, it is given to [us] to share God's power of creation ... to shape the world according to God's purpose ... to build and not to destroy ...*

Here we are in Easter season, celebrating the resurrection to life of God's son, the son whom Christians recognize in the lines of Isaiah: *Unto us a child is born; unto us a son is given ....* God entrusted His son to us, and what happened? When times got tough, Jesus' disciples abandoned and denied him; his close friend betrayed him; and eventually the humans he'd come to save executed him.

And yet God still entrusts that Son to us, allowing Him to enter our hearts and us to enter His, feeding us week by week with His body and blood. God keeps making Jesus available to us, apparently expecting us to do something useful with that most precious gift.

The story of our human relationship with God is full of betrayals, denials, and deaths both big and small—the deaths of love and hope and innocence, deaths at the hands of other human beings in times of war or anger or carelessness or passion. But it is also the story of saints and prophets, ordinary folks like you and me who took the gifts God gave them and used them to spread God's love, to speak God's word, to reveal God's glory in the world.

Here at Fork, we need only to glance around to see evidence of the many gifts God has bestowed upon us: the budding trees and greening fields, the bright eyes and ringing laughter of the children in our midst, the compassionate hug or kind word or home-cooked meal offered to us or to others in God's name. In the midst of so many blessings, it is easy to believe in God. In response to those blessings, and especially in this joyous Easter season, may we give God good reason to believe in *us*.

Blessings.

## *Reflections from your Junior Warden*

Greetings! Can it already be April? What a busy Lenten season at Fork Church with our potluck suppers and very informative speakers. Our worship committee, along with the rector, strived hard to plan the services during Holy Week. I do hope your journey through Lent into the Easter season has been very meaningful.

In February, our vestry had a harmonious and very beneficial day-long retreat at Anne's home, concluding with the Eucharist. Great conversation was centered around the topics of "Who we are," "What it takes to be a good leader" and "What it means to be a good leader." Many exciting challenges are facing us in the year to come and I know that with God's help we will face them wisely. One can't help but think of the same challenges our forebearers in the Colonial days had to embrace. Thank goodness they have brought us to the point we are today and have laid the ground work! We have concerns like any church, but remember, we can overcome them through communication.

On Saturday, Feb. 23, our rector and several vestry members traveled to Christ Church in Spotsylvania for a diocesan retreat and workshop. The main speaker was the Rev. Fred Burnham, who is associated with the Trinity Institute in New York City. Mr. Burnham and Rowan Williams, the current Archbishop of Canterbury, were meeting when the twin towers were destroyed on 9/11. Mr. Burnham's life, like so many others, was changed forever. He spoke about the religious journey through this terrible tragedy. The role of leader took on a whole new meaning that day. Since there could be no organized leadership, self-organization evolved. This meant that individuals had to be creative in order to survive and be able to help others. They become a community family relying on their faith. God works in mysterious ways!

Your vestry is excited about the coming year. Please keep us in your prayers as we keep each of you in ours. May our journey in faith as a church family be in love, trust and peace, and may God bless us all.

Mary Anne Griffin  
Junior Warden



## *Changes in Worship Service*

### **Why are we standing, where did those hangings come from, and why is that candle burning?**

Those of you with an eye for detail may have noticed a number of changes in our worship service in the past few weeks. From Sunday, March 23, through Saturday, May 10, the Church celebrates the season of Easter. We keep the large Paschal Candle burning during every service of the Easter season, not just at baptisms and funerals. The Paschal Candle reminds of God's victory of light over darkness, life over death. Notice any changes in the sound of the service? During the 50 days of Easter, we will use the hymn *This is the feast of victory for our God* as our song of praise at the start of the service, and we will offer our thanks to God using the richly detailed phrases of Eucharistic Prayer C. Why Prayer C? Because it is intended to be prayed by a congregation that is standing, not kneeling—and standing is a very appropriate posture for the season of resurrection!

Pay close attention throughout the month of May, and you'll see the altar frontals change four times—from the colorful festive hangings of the Easter season, to the fiery red of Pentecost Sunday, to the pure white of Trinity Sunday, and finally to green, the color for Ordinary Time, the season of the church year that will run from May through November.

## ***Upcoming Adult Forum Discussions***

Although not bound to a rigid program, the Sunday Adult Forum will use a newly published book as a basis for discussion in the coming weeks: *The Reason for God; Belief in an Age of Skepticism* by Timothy Keller, pastor of a Presbyterian church in Manhattan. Dr. Keller addresses every question and criticism of Christianity made or heard by most of us.

The author is an orthodox Christian, who, after nine years as pastor of a Presbyterian church in Hopewell, Va., made his way to New York with his family to start Church of the Redeemer. In 1980, this church had approximately 50 members and now has over 6,000 in attendance each Sunday. New Yorkers are popularly reputed to be the most skeptical, if not cynical, people on our part of the planet, yet Dr. Keller has led to Christianity a group of professionals and other young people working and living in the city and averaging 30 years of age. His book reveals the reasons for his successful ministry.

We meet every Sunday morning from 9 to 9:45 in the parish hall. Join us.

Thanks,  
Don Schubert

## ***Youth Group and Godly Play News and Reflections***

On March 2 the youth group gathered to watch the movie *Godspell*. The author wrote this play when he was a student at Carnegie Tech. He had just attended the Easter Vigil service at the Episcopal Church. Not finding God in the service, he was inspired to go home and write, and the result was *Godspell*. He found God in the act of composing.

Where do you find God? We have asked the youth group to take a camera and take pictures of where they find God in their everyday life, and bring the images back to our meeting on April 6.

Where do we find God? I think about this question often. I find God in many places, WHEN I stop to consider the question. I also remember the following story when I think of where I see God. I have told this story in our newsletter before so you may remember it. It was told to me as a Christmas story, but I think it is a story for any time of the year.

*Once there was a young priest sent by his Bishop to be the rector of a small church in the wilds of Russia. He finally arrived at the church, just in time to unlock the door for the Christmas Eve service. There was no heat or light inside except for the moonlight coming through the windows. The young man was cold, tired and very sad. He just felt in his bones that this was a huge mistake. He made his way up to the front of the church and knelt before the altar. He tried to pray but that proved impossible so he just knelt there and stared out of the window. Soon he began to see lights bobbing along in the night. People began to enter the church. As each one came in they hung their lantern on a hook on the wall. Soon the whole church was lit. The priest turned to face the congregation and an amazing thing happened. He could see a sea of beautiful faces. He felt the beautiful warmth of the people gathered there. He not only saw God in those faces but he also felt the presence of God.*

Where do I see God?? Every time I come to Fork Church I see God in the faces of the Godly Play children; in the faces of the Journey to Adulthood young people; and in the faces of everyone in the congregation.

### **The Baptism Story**

In Godly Play on Palm Sunday, we told the baptism story to prepare for Nate Miles' baptism at the Easter Vigil. It is my favorite Godly Play story. As part of the story, we say: "*Once there was someone who said such amazing things and did such wonderful things that people just had to follow Him. One day someone asked Him who He was and He replied, 'I am the light of the world.'*" At this point in the story we light the Christ candle, then we light a candle for each child from the Christ candle as we call him or her by name. Soon the room is filled with light. Then we "change" the light by holding the candle snuffer over the flame until the smoke from the flame begins to blow around the room; now Christ is everywhere. Where do I see God? I see Him everywhere.

### **Winding Down the School Year**

The youth group served the guests of the Fork Church/St. James the Less monthly outreach dinner in February. Afterward we went to El Azteca for dinner and to celebrate Jim and Eliza's birthdays. We will not meet again until April 6 because of all of the different school vacations, and then again on April 13. In May we will meet on the Saturday before Mother's Day to cook, and on Mother's Day we will serve dinner for the Moms and Dads and other family members at Mt. Olympus Farm. Our final meeting will be June 8, a picnic again at Mt. Olympus Farm.

### **Looking to the Future**

We will continue with our Godly Play Sunday classes. In case you have not noticed, we have grown!! Next year we will have three classes: one for 3, 4, and 5 year olds; another for grades 1, 2, and 3; and a third class for 4<sup>th</sup> and 5<sup>th</sup> graders.

Vacation Bible School will be the week of June 23-27. All of the children currently enrolled in Godly Play Sunday School can attend and we welcome your grandchildren. Call Boo Smythe if you have any questions. Ann Neri and Boo Smythe will have a meeting with all parents of current Godly Play children to discuss next year and especially the need for more help. Please mark your calendar for May 4 right after church; a light salad will be served.

Thanks to everyone for your generous and enthusiastic support,

Boo and Jim Smythe

### ***CARITAS This Spring***

This year there will be a little different twist to the CARITAS program. The organizers have enlisted the aid of 11 churches in the Ashland area to provide shelter and meals for two weeks at one location. St. Ann's has graciously offered their facilities for this. Fork Church will be responsible for supper June 11, escorts for the showers and laundry, someone to sleep over that night, breakfast the morning of June 12, and bag lunches. As usual we will be in need of many volunteers to help with these duties. It always turns out to be very rewarding work. Delores Schubert has volunteered to organize the supper group and Jenny Smith will put together the breakfast gang. We will need someone to help organize and assemble the bag lunches. Watch for the sign-up sheets beginning in May.

Court Warfield

### ***Thanks for Outreach Dinner Help***

Fork's youth group served about 40 guests in the Ashland area at the Feb. 24 outreach dinner at St. James the Less, co-sponsored by Fork Church. With the exception of a few adults who were familiar with the kitchen, the youth did it all. With smiling, friendly faces, they greeted the guests with iced tea at the table, lined up at the window to serve generous helpings of lasagna, green beans, salad and bread, and personally delivered sherbet and cookies afterward. While the guests were finishing their delicious dinner, the youth were busy cleaning up in the kitchen. One gentleman was so touched, he personally vowed to do what he could to provide financial help to youth groups such as Fork's—this from a man who probably has little to give. Many thanks to Fork members who prepared the food for the youth to serve. Your faithfulness to this outreach program is much appreciated. The next dinner will be Sunday, April 27. Please let me know if you are willing to prepare food or help out in the kitchen.

Lou Ann Cave

***Like to Party? Fond of Celebrations? Fork Needs Your Help***

You may have noticed that Fork Church hasn't had many purely social events in recent months. Our Parish Life Committee currently has no leader and no members, which makes it hard to get much done ... but perhaps God is calling *you* to help us gather for fun and fellowship. If you have gifts and skills to offer in this important parish ministry, please talk to Charles Terrell, vestry liaison for Parish Life, or to one of the wardens.

### ***Resources Available: End of Life Planning***

If you were unable to participate in our Lenten Series, *Potlucks and Planning*, you might find some of the literature from the sessions helpful. We have available copies of *Five Wishes*, a do-it-yourself living will that is valid in Virginia; a detailed guide for funeral planning; and a checklist to help organize information for the executor of an estate. If you are interested in any of these documents, please contact Lynn Sichi, our parish secretary.

### ***Receive a Birthday Card?***

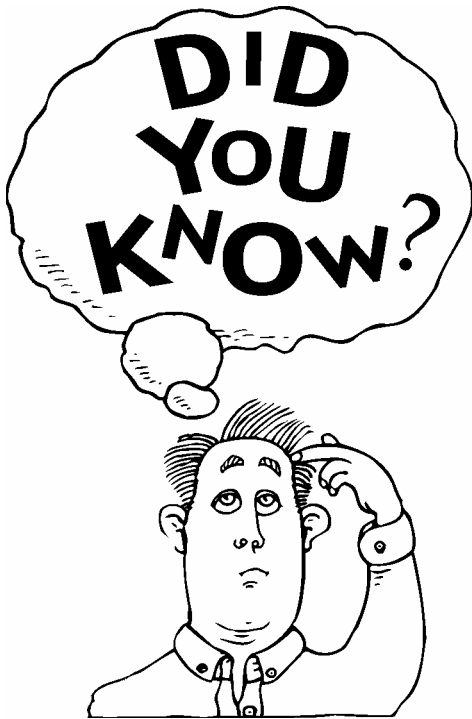
If you have celebrated a birthday since January without the help of a card from Fork Church, it probably means that we don't have your birthday on file. Please contact Lynn Sichi so that she can update your parish records. Thanks!

### ***Rector's Office Hours***

Have you been wanting to stop by for a chat with Anne, or waiting to ask a question? Anne is in the parish office on Tuesday and Thursday mornings from 9-12. She would welcome your visit during those times. A caveat: *please call first* just to make sure that Anne hasn't been called away unexpectedly. And remember that she is more than happy to schedule appointments at any other time that works better for you.

### ***Holy Eucharist and Healing Liturgy***

Healing services are held the second Wednesday of each month at Fork Church, beginning at noon. We use litanies and prayers from an Episcopal worship book. The service includes an opportunity to come forward for prayer for healing and anointing, and it ends with our familiar Eucharist. You may come for healing prayers for yourself or on behalf of others. The service is open to all—members of Fork and your co-workers, relatives, neighbors, and friends. After the service, we usually go to lunch together. Please join us. Our next two services will be April 9 and May 14.

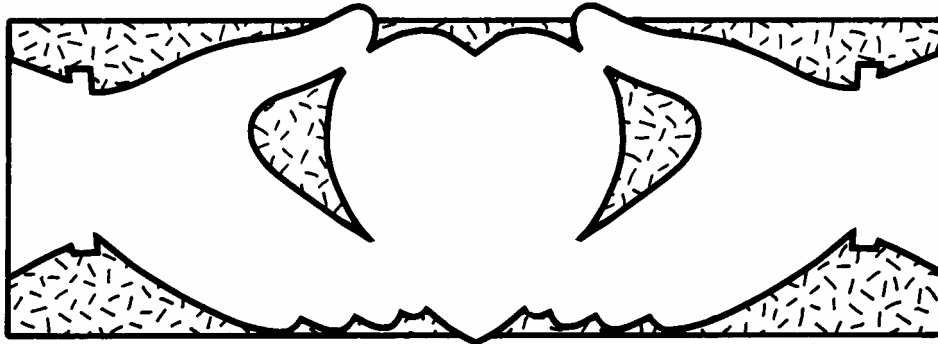


### ***Interested in Baptism for You or Your Child?***

Pentecost, May 11, is an especially appropriate Sunday for baptism. Other dates can easily be arranged as well. Contact Anne if you would like to learn more about this important Sacrament in the life of a Christian.

## ***Help!! Help!! LEMs needed!!***

At present, Fork Church has only four people serving as Lay Eucharistic Ministers, or LEMs. A LEM is needed at each service of Holy Eucharist to serve the chalice of wine. We are very grateful to John Rickman, Carl Tennille, Debbie Murphy, and Mazie Florance for their faithful service in this ministry, and we don't want to wear them out. Would you be willing to serve as a LEM? Training is provided. Please prayerfully consider taking on this crucial Sunday morning ministry. Interested? Please speak to vestry worship liaison Debbie Murphy.



***Thanks are due...***

To the Godly Play kids for their fabulous theatrical presentation on March 14th—and to the executive directors and producers of the production: Boo Smythe, Ann Neri, and Stephanie Edwards.

To the youth group for serving and cleaning up at the Fork/St. James the Less outreach dinner Feb. 24.

To Joan and Carl Tennille, Mary Anne and Earl Griffin, and Janet Hayes, who organized and hosted our Shrove Tuesday supper.

To Sally Campbell, who set up and cleaned up for the Lenten potluck series.

To all who volunteered their help with caring for the building or working in the office.

To Mark Gilbert, for folding our service bulletins week after week.

To Barbara Woods and the flower guild, for beautifying our parish hall grounds in time for Easter.

To editor Lou Ann Cave, graphic designer Debbie Murphy, and folder/mailer Jeannette Harrison, without whom we would have no *Pitch from Fork*.

Undoubtedly, thanks are due to others, also. ***Please*** let editor Lou Ann Cave know of any names to be published in this list. Thank you!

## ***Congratulations***

Congratulations to Nate Miles, who was baptized at the Easter Vigil on March 22. Welcome to the household of faith, Nate!

Welcome to the world to Dylan Syman, grandson of Ruth and Ned. Dylan was born on March 6.

## ***Condolences***

Condolences and blessings to all who have lost loved ones recently. We mourn the deaths of Mary Jane Howard, Cyd Mizell, and Rob Smith, and we give thanks for the new life into which they have entered.

### ***Thanks from Gill Family***

A note from Mary Gill's daughter:

*The many cards, letters, and prayers from friends at Fork Church were greatly appreciated by Mother, Mary Gill. She is back with us in Hanahan and we are delighted to have her home again! She is regaining her strength... . Praise God!*



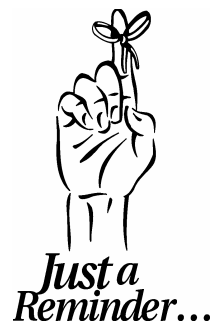
### ***Directory updates:***

The Warekois/Barry family has moved. Their new address and phone number is:  
15003 Lane Mill Road  
Montpelier, VA 23192  
Phone: 883-7707

Greg and Paula Muniec have new e-mail addresses:  
[gregandpaula@embarqmail.com](mailto:gregandpaula@embarqmail.com)  
[gregmuniec@embarqmail.com](mailto:gregmuniec@embarqmail.com)

### **Upcoming Events**

- April 6: ***Inquirers' class*** immediately following worship
- April 9: ***Holy Eucharist and Healing Service***
- April 26: ***Central Virginia Masterworks Choral***, Duncan Memorial Church
- April 27: ***Outreach dinner*** at St. James the Less
- May 10: ***Deadline for articles*** for June/July Pitch from Fork
- May 14: ***Holy Eucharist and Healing Service***
- June 11-12: Fork serving at ***CARITAS*** at St. Ann's in Ashland
- June 23-27: ***Vacation Bible School*** at Fork



Fork Church was certainly in need of repair by 1834, when Rev. William V. Bowers was ordained priest and became rector of St. Martin's Parish. In a letter dated March 16, 1877, now held by the Virginia Historical Society, he describes the necessary repairs that were made to the church immediately after his arrival:

*The back end wall was cracked and an iron bar was inserted in the wall from side to side. A new roof was put on, and the plastering (which was very much fallen) was thoroughly repaired and the whole wall whitewashed. The pews were after the old English style of boxes with seats all around and so deep, or high, that only adult's heads could be seen above the tops of them. These were all taken out, the floor cleaned and repaired, and the pews in their present form... replaced, being constructed of the old materials. The pulpit & chancel were entirely removed. The present "tub" pulpit stood on an unsightly square box which was a receptacle for dust and trash. The pulpit was placed on the present support, its depth was lessened, and had new flights of stairs put up, and was hung with purple or blue tapestry. The old chancel railing was square, massive, & made of pine or poplar, the desk & communion table of the same material, all in the plainest style, without hanging drapery.... The floor of the gallery was altered and newly seated and the underneath of it partitioned off, and a robing room made on the north side, there being none before. The windows were generally repaired and largely reglazed. The church was not painted without or within and I think never had been up to that time.*

Thanks to Rev. Bowers, we know a great deal about the early configuration of the church. For example, this is our primary source for the description of the original pews. It is also confirmation that the replacement pews were made from the original material.

Next: The Cemetery

Alastair Macdonald

### ***Make Money for Fork!***

Ukrops has returned to its former method of administering the Golden Gift Certificate Program, which provides money for charitable organizations. Fork Church is a registered charity in the Golden Gift program. In May, Ukrops will send each customer a Golden Gift certificate based on total points that household has accumulated. Please consider donating your certificate to Fork Church.

### ***Diocese Counts its Blessings at 213th Annual Council***

Almost 1,000 clergy, lay delegates and guests gathered at the Reston Hyatt Hotel January 25-26 for the 213th Annual Council of The Diocese of Virginia. Annual business included the election of members of the Standing Committee, a council of advice to the bishop; deputies and alternates to General Convention, the highest governing body of The Episcopal Church; and representatives to Provincial Synod, a regional assembly of the dioceses of The Episcopal Church.

Council approved a 2008 budget of just over \$4.8 million budget, which represents an increase of over 6.6% from 2007. In addition to supporting such ministries as church planting, ecumenical partnerships and administrative and staff support, the Diocese was able to increase its budget for scholarships to Shrine Mont summer camps thanks to the generosity of members of Council. When faced with a \$6,790 cut to the scholarship program that underwrites all the camps, delegates, clergy and staff from across the floor took up a collection with pledges totaling over \$19,000 for Shrine Mont scholarships.

"While we heard much at this Council about the level of parish giving to the Diocese being the lowest across the church, this is a decades-old issue for Virginia," said Patrick Getlein, secretary of the Diocese. The Diocese of Virginia is one of only a few dioceses in The Episcopal Church where parish giving is based on a voluntary system of giving rather than assessments. "The increase in giving for 2008 and the remarkable show of support for what we do together in the area of youth ministry is very encouraging," he said.

Members of Council also approved a number of courtesy resolutions to honor people who had made significant contributions to the life of the Church, as well as eight other resolutions which addressed such topics

as environmental protection; inclusiveness in the ordained ministry; Hispanic/Latino ministry; Native Americans in Virginia; payday lending; support for Sudan; and a humane immigration policy.

On January 26, the Rt. Rev. Peter James Lee addressed Council in his annual pastoral report, noting that "Virginia is blessed as a church family in continuity with the past and confident in the future, grateful all along for the evidence of God's abundant love for us." Attendees also heard from the Rt. Rev. Shannon Sherwood Johnston, bishop coadjutor, and the Rt. Rev. David Colin Jones, bishop suffragan.

Election results, adopted resolutions and amendments, the budget, the Bishop's Pastoral Address and the addresses of Bishop Coadjutor Shannon Johnston and Bishop Suffragan David Jones are available online at [www.thediocese.net](http://www.thediocese.net)

### ***Fork Singers in Concert***

Join the Central Virginia Masterworks Choral as they present Schubert's Mass in G, selections from Brahms' Liebeslieder Walzer and other anthems, on Saturday, April 26, 8:00 p.m., at Duncan Memorial United Methodist Church. Members of Fork's who sing with this group include Debbie Murphy, Jenny Smith, Sharon Edwards, Andie Warfield, Mazie Florence, Stephanie Edwards and Amy Newell.

Formed in 2007, the Central Virginia Masterworks Chorale consists of 60 singers from the Central Virginia area. The chorale performs the best of choral literature in concert at least twice yearly. The repertoire is comprised of larger choral works with orchestra as well as choral traditions old and new.

Reserved seating is \$15. Adult general admission is \$10 and students' and children's tickets are \$5. Call 804-798-7123 or visit Cross Brothers Grocers in Ashland for tickets.

For more information, visit [www.cvamc.org](http://www.cvamc.org)



### ***Jack and Philip Haar Cycling for a Friend***

This summer, Jack Haar and his son Philip will bicycle across the United States to raise money for cancer research in memory of their dear friend Jim Popp, who died last year. Interested in learning more about the bike ride or in making a contribution? Check out [www.RideforJim.org](http://www.RideforJim.org) or call 1-800-628-7799, ext 2.

### ***Hope for Humanity's Fifth Annual Walk for Sudan***

Sunday, May 4, at Deep Run High School track in Glen Allen, walkers will gather again to raise funds to provide education for youth in southern Sudan. Registration begins at 1:30 and the walk begins at 2 p.m. This year's *Walk for Sudan* celebrates the completion of a school where 60 students are excited to begin taking classes this spring. Funds raised in this year's walk will go toward start-up costs such as teachers' salaries, desks and classroom furniture, textbooks and supplies, etc. Walkers are asked to find sponsors and bring contributions with them on May 4. For more information, visit Hope for Humanity's web site at [www.hopeforhumanityinc.org](http://www.hopeforhumanityinc.org), call Jennifer Ernst at (804) 784-3830 or e-mail [Jpe60@aol.com](mailto:Jpe60@aol.com).

Our very own Anne Kirchner will be participating in this walk. She would love to have walking partners and/or sponsors. Look for a sign-up sheet in the church entryway.

### ***Solo Flight Conference***

The annual Solo Flight Episcopal Conference for single adults will be held Labor Day Weekend at Kanuga Conference Center in Hendersonville, N.C. Solo Flight is an intergenerational conference for single adults in the Episcopal Church offering opportunities for spiritual growth, learning, fellowship and networking with those who share similar values.

Send completed Registration and non-refundable deposit of \$50 per person with checks payable to Kanuga Conferences to Registration Services, Kanuga Conferences, P.O. Box 250, Hendersonville, NC 28793. For information call 828-692-9136, e-mail [info@kanuga.org](mailto:info@kanuga.org) or visit [www.kanuga.org](http://www.kanuga.org)

### ***Internship Available***

St. Stephen's Church, Richmond, is offering a paid internship in children's and youth ministry for recent college graduates. The two-year internship includes salary and benefits. Interested in learning more? Check out the church web site: [www.saintstephensrichmond.net](http://www.saintstephensrichmond.net).

### ***The Practice of Prayer: Body, Mind, and Spirit***

Join the Reverend Mpho Tutu and certified Yoga instructor, Erin Callahan, for a weekend retreat designed to enrich your prayer life. Experience many expressions of Christian prayer including praying with icons, lectio divina, and Christian Yoga. The retreat will be held at Richmond Hill in Richmond, May 16-18. Registration deadline is April 25. See Lynn in the Fork Church office for a registration form or contact the Tutu Institute for Prayer & Pilgrimage at 703-677-5642.

### ***Everyone, Everywhere 2008***



During June 5-8, the Episcopal Church will sponsor a worldwide mission conference at the Maritime Institute in Baltimore, Md. Issues such as engaging in world mission, the Church and Islam and Millennium development goals will be discussed. The conference will provide an opportunity to network with mission organizations, dioceses and congregations. Interested? An informational brochure is posted on the parish hall bulletin board.

### ***Gritty and Graced: Experiences in Celtic Christianity***

Celtic Christianity makes no distinction between sacred and secular, spiritual and material. The whole world, having been created by God, is infused with holiness. Every moment is an opportunity to be touched by God. Learn more at a prayer and worship retreat April 23-24 at Shrine Mont in Orkney Springs. The cost is \$85. Registration deadline is April 8. Contact Mary Holly Bigelow at [maryholly@verizon.net](mailto:maryholly@verizon.net) (put ECW in subject line) or call 804-285-2598.

### ***Captive Hearts***

Are we captive to the things of the world or are we captive to the mind of Christ? Mt. Olivet Baptist Church is sponsoring a women's spring retreat April 19 from 9 a.m. to 3 p.m. with guest speaker Deborah Winans, former Southern Baptist missionary to Mauritius and Japan. Register by April 4, and bring a friend. For information call Laura Stanley at 798-5983, Patti Harris at 798-3727, or Betty Jo Taylor at 798-6629.

*The next Pitch from Fork will be the June/July edition. Deadline for articles and announcements is May 10. Send to Lou Ann Cave at [thecaves5@embarqmail.com](mailto:thecaves5@embarqmail.com).*

## **HANDY LITTLE CHART**

### **God has a positive answer:**

<u>YOU SAY</u>	<u>GOD SAYS</u>	<u>BIBLE VERSES</u>
You say: <i>It's impossible</i>	God says: <i>All things are possible</i>	(Luke 18:27)
You say: <i>I'm too tired</i>	God says: <i>I will give you rest</i>	(Matthew 11:28-30)
You say: <i>Nobody really loves me</i>	God says: <i>I love you</i>	(John 3:1 6 & John 3:34 )
You say: <i>I can't go on</i>	God says: <i>My grace is sufficient</i>	(2 Corinthians 12:9 & Psalm 91:15)
You say: <i>I can't figure things out</i>	God says: <i>I will direct your steps</i>	(Proverbs 3:5- 6)
You say: <i>I can't do it</i>	God says: <i>You can do all things</i>	(Philippians 4:13)
You say: <i>I'm not able</i>	God says: <i>I am able</i>	(2 Corinthians 9:8)
You say: <i>It's not worth it</i>	God says: <i>It will be worth it</i>	(Roman 8:28 )
You say: <i>I can't forgive myself</i>	God says: <i>I Forgive you</i>	(1 John 1:9 & Romans 8:1)
You say: <i>I can't manage</i>	God says: <i>I will supply all your needs</i>	(Philippians 4:19)
You say: <i>I'm afraid</i>	God says: <i>I have not given you a spirit of fear</i>	(2 Timothy 1:7)
You say: <i>I'm always worried and frustrated</i>	God says: <i>Cast all your cares on ME</i>	(1 Peter 5:7)
You say: <i>I'm not smart enough</i>	God says: <i>I give you wisdom</i>	(1 Corinthians 1:30)
You say: <i>I feel all alone</i>	God says: <i>I will never leave you or forsake you</i>	(Hebrews 13:5)